



# back to School Checklist *for Parents*

## 1 Month Before School Starts

- Purchase backpacks, lunch boxes and basic necessities for each child as needed.
- Check progress on summer reading or other requirements.

## 3 Weeks Before School Starts

- Set up a "launch pad" in a convenient location near the door in your house. Organize a specific basket or crate for each child; use these baskets for your kids' belongings (books, hat, etc).

## 2 Weeks Before School Starts

- Start getting your kids back to a school year bedtime routine, including quiet time for reading or homework.
- Visit school with kids; get to know surroundings, patterns and new teachers.

## 1 Week Before School Starts

- Try out lunches, snacks and dinner menus.
- Buy Bulk: stock up on non-perishable basics (juice boxes, napkins, sandwich bags, and snack foods). You can also stock up on school supplies.

## 5 Days Before School Starts

- Gather supplies and start organizing with kids.
- Make sure your camera is charged and ready for the first day of school.

## 3 Days Before School Starts

- Plan meals for the first week of school.
- Grocery shopping: stock up on those items needed for first week back at school.

## 1 Day Before School Starts

- Prepare lunches and snacks
- Pack backpacks
- Lay out clothes for first day of school
- Set alarm clocks

**First Day of School!!**  
Enjoy!

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