

Visual Learning Activities

for Visual Learners Ages 3-6

Tweezers/Tongs

This is a great activity for developing the three-finger hold needed for writing, the pincher grasp, while strengthening hand muscles. The best part of it all is that kids just think they are playing with tongs and lovely shiny objects. Doing this on a regular basis will also help children develop hand eye coordination, concentration and the ability to sequence a series of steps.



Materials Needed:

Small Tray
Child size tweezers or tongs

(Be sure to choose
tweezers or tongs your
child can handle easily)

Small bowl
Things
(colorful age appropriate items)

Action:

Have the child grasp the tong with the three-finger grasp used to hold a pencil. If the grasp is not perfect, keep it light and fun knowing practice makes perfect. Have child practice squeezing and releasing tongs, then pick up one item and carefully move it to the empty container. Release the tong so item falls into bowl, repeating the activity until all items have been moved to empty bowl.

Presentation:

- Invite child to the activity.
- Have them sit down and invite their attention in a fun, calm manner.
- Demonstrate the activity yourself first
- Then invite them to do after they watch you.
- Pickup the tongs with dominant hand and the 3 finger grasp
- Carefully pick up objects with tongs and place into empty bowl.
- Repeat until all objects have been moved
- Transfer objects back into the original container
- Invite the child to do next

Variations: You can keep this activity fresh by using kinds of tongs, different sizes and objects to be moved, and by using objects that relate to upcoming holidays.

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