

# Visual Learning Activities

## for Visual Learners Ages 3-6

### Sponge Transfer

In this activity, a child uses a sponge to move water from one bowl to another, strengthening their hand by squeezing the sponge. Children love any activity that involves water and this water ‘play’ will help them develop increased concentration, hand eye coordination, a sense of order, independence and the ability to sequence an activity.



#### Action:

Have child place sponge in one container, letting it absorb water. Move and hold sponge over the neighboring container, squeezing to release water into that bowl. Repeat activity, moving water back & forth between containers, strengthening the hand.

#### Presentation:

- Invite child to the activity
- Have them sit down and invite their attention in a fun, calm manner
- Demonstrate the activity yourself first
- Invite them to do after they watch you
- Pick up the sponge
- Place in bowl filled with water
- Let sponge fill with water
- Pick up sponge and move it over to the other bowl
- Wring it out in the other bowl
- Repeat until all the water is transferred
- Invite child to do

#### Materials Needed:

**2 Containers** (1 filled with water; the other empty)

**Small Sponge**

**Tray or Table** to hold & define space around the activity

*Tip: Choose bowls that are colorful, safe & appropriate size*

**Variations:** You can switch things up and keep the activity fresh by changing out the bowls and using different kinds of sponges.

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