

Visual Learning Activities

for Visual Learners Ages 3-6

Lego Building Blocks

Lego building blocks are an excellent activity for preschool children. They come in a variety of sizes, allowing children to progress to smaller sizes as their hand eye coordination and aptitude allow. One box of Legos comes with a multitude of shapes within the set, short and long rectangles, squares, even wheels, lights and people. Building with Legos can help develop hand eye coordination, spatial skills and three-dimensional visualization and thinking skills.



Materials Needed:

Age appropriate set of Legos

(once child has basic mastered and is ready for additional challenges, add more advanced sets)

Appropriate sized basket or box

Action:

Encourage children to build basic shapes, like towers and buildings, to become familiar with using them. As they gain mastery building basic shapes, encourage more variations. When introducing more complex shapes and boxed kits, work with the child, teaching them to follow step by step directions included in the box. Once built, can save or break apart and build again.

Presentation:

- Invite child to the activity.
- Have them sit down and invite their attention in a fun, calm manner.
- Demonstrate the activity yourself first
- Then invite them to join after they watch you.
- Allow child to work as independently as their age and ability allow
- Work with child when introducing more complicated boxed sets
- Once building time is complete, have child return Legos to container

Variations: There are so many shapes and sizes and boxed sets, that building with Legos has its own variations. Keep it interesting by encouraging fresh combinations of parts, creating structures and even vehicles.

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