

# Visual Learning Activities

## for Visual Learners Ages 3-6

### Dry Pouring

This activity is about pouring dry ingredients from one container to another without spilling. It's great for helping children develop hand eye coordination, their sense of order, concentration and self-control. By enticing them to the pouring activity with attractive objects and beautiful containers, you can engage them into longer and longer periods of time spent in concentrated pouring.



#### Materials Needed:

**Two containers cups or glasses**  
**One filled with dry ingredients**

(rice or beans for younger children; older beads, buttons or even fake pearls)

#### Action:

Fill one cup, start with the cup on the left, with dry ingredients. Have child grasp cup in one hand while holding the second cup in other hand. Pour the contents of cup into second cup, encouraging slow and steady movements. Once complete, repeat the activity.

#### Presentation:

- Invite child to the activity.
- Have them sit down and invite their attention in a fun, calm manner.
- Demonstrate the activity yourself first
- Then invite them to do after they watch you.
- Pickup the first container carefully, one or two hands depending on container
- Hold second container if needed
- Pour the contents, slowly and purposefully, into the other container
- Invite the child to do next

*Variations: Switch things up by changing the containers and dry ingredients. Continue to engage child, as they get older, by using more advanced materials.*

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