02

Encourage reading.

The best way to keep the brain drain at bay is to continue reading everyday throughout the summer. Just 20-30 minutes per day of any kind of reading is going to keep them fluent while exposing them to new ideas and ways of reading.



Things you can do...

- Sign up for your local library's **summer reading program** to keep the kids reading all summer. There is usually a theme and prizes to incentivize completion and the requirements are different for each reading level.
- Find a few **audio books** so the kids can get exposed to books above their reading level by listening. Listening to books lets the kids kick back, enjoy the story and let their imaginations run free.
- Make a plan for your older reader's **summer reading lists** so there's no log jam at the end of the summer. Read the books yourself so you can discuss them with the kids.

- Have a **family book contest**. Organize a family book contest to encourage completion of those summer reading lists. A visual star chart, tracking each members progress is a great reminder for everyone involved, and don't forget some prizes and incentives along the way.
- Set out a **variety of reading material** from poems to magazines and books that cover genres in fiction and nonfiction categories. The key here is to give your child a choice and the time to do it.
- **Watch the movie**. Have a little film and novel class. Many movies are based on books. Read the book then watch the movie or watch the movie then read the book. How do they compare?

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